



# BAG OF BLESSINGS

(UPDATED FOR 2023)



MONTH	FOOD	PANTRY ESSENTIALS	PERSONAL CARE ITEMS	CLEANING SUPPLIES
JANUARY	Beef Stew, Canned Greens	Coffee, Hot Chocolate	Toilet Paper	Laundry Detergent, 50 oz or smaller
FEBRUARY	Oatmeal, Canned Fruit	Salt Free Seasoning	Bar Soap, Deodorant	Multi/All Purpose Cleaner
MARCH	Sardines, Chili	Cooking Oil, 48 oz or smaller	Shampoo, Razors, Shaving Cream	Dish Soap
APRIL	Peanut Butter, Deluxe Mac & Cheese	Shelf Stable Milk	Toilet Paper	Paper Towels
MAY	Canned Chicken, Rice	Flour, 2 lb bags or Sugar, 1 lb bags	Toothbrush, Toothpaste	Laundry Detergent, 50 oz or smaller
JUNE	Tuna, Canned Ravioli with Meat	Coffee, Tea	Diapers sizes 5, 6, 4T, 5T, Baby Wipes	Multi/All Purpose Cleaner
JULY	Oatmeal, Canned Fruit	Salt Free Seasoning	Toilet Paper	Dish Soap
AUGUST	Peanut Butter, Deluxe Mac & Cheese	Shelf Stable Milk	Bar Soap, Deodorant	Paper Towels
SEPTEMBER	Sardines, Chili	Cooking Oil, 48 oz or smaller	Shampoo, Razors, Shaving Cream	Laundry Detergent, 50 oz or smaller
OCTOBER	Beef Stew, Canned Greens	Flour, 2 lb bags or Sugar, 1 lb bags	Toilet Paper	Multi/All Purpose Cleaner
NOVEMBER	Canned Chicken, Rice	Coffee, Hot Chocolate	Toothbrush, Toothpaste	Dish Soap
DECEMBER	Tuna, Canned Ravioli with Meat	Pancake Mix, Syrup	Diapers sizes 5, 6, 4T, 5T, Baby Wipes	Paper Towels